

Upon Entering the Bathroom

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخَبَائِثِ

[Bis-mil-Lāh]. Allāhum-ma In-nee A'oo-dhu Bi-ka mi-nal khu-bu-thi wal-kha-bā-ith.

([In the Name of Allāh]. O Allāh! I seek refuge in You from the male and female evil [*unclean*] spirits.)¹

The text of the Hadeeth:

"Whenever the Prophet (Sallallahu Alaihi wa Sallam) (intended) to enter *Al-kha-lā'* (An empty place, used to answer the call of nature, i.e., the bathroom) he would say: "**Allāhum-ma In-nee A'oo-dhu Bi-ka mi-nal khu-bu-thi wal-kha-bā-ith.**"²

Explanation of the Hadeeth:

The saying of the Prophet (Sallallahu Alaihi wa Sallam): "**Bis-mil-lāh**" means, In the Name of Allāh I enter the bathroom (to achieve every benefit and repulse every harm).

His saying (Sallallahu Alaihi wa Sallam): "**Allāhum-ma In-nee A'oo-dhu Bi-ka**" means, I call upon You, Allāh, seeking protection, refuge and shelter in You, the Only One Who has power over everything!

His saying (Sallallahu Alaihi wa Sallam): "**...Mi-nal khu-bu-thi wal-kha-bā-ith**": *Al-khu-bu-thi* or *Al-khub-thi* (both readings are correct) is the plural of *kha-beeth*; and *Al-kha-bā'ith* is the plural of *kha-bee-thah*, meaning 'male and female evil spirits (i.e., devils).' These two words have also been interpreted as, 'evil and evil doers.' The toilet is one of the places of abode for evil spirits.

Al-Ḥāfidh Ibn Ḥajr al-'Asqalānee (may Allāh have mercy on him) mentioned in his explanation of al-Bukhāri entitled '*Fat-hul-Bāree*' that in some of the narrations of this Ḥadeeth from Abdul-

¹ Fortress of the Muslim, no. 10.

² Reported by Al-Bukhāri, no. 142; Muslim, no. 375, from Anas Bin Mālik (may Allāh be pleased with him).

'Aziz Bin Suhaib, it has the words: "If you enter the bathroom, then you must say: **Bis-mil-lāh. A'oo-dhu bil-lāhi mi-nal khu-bu-thi wal-kha-bā-ith.**" He then said: "Its chain of narrators is according to the condition of Imām Muslim."³

Saying '**Bis-mil-lāh**' upon entering the bathroom is also confirmed in the Hadeeth of 'Alee Bin Abi Tālib (may Allāh be pleased with him), from the Prophet (Sallallahu Alaihi wa Sallam): "The screen (*Sitr*) which is between the eyes of the *Jinn* (unseen creatures created from fire) and the private parts of the human beings - when anyone of them enters the bathroom - is that he says: '**Bis-mil-lāh**'."⁴

In one of the narrations of al-Bukhāri⁵, it has: "*If someone **intends** to enter ...*". Its meaning is that you should say this supplication *before* entering the bathroom, *not after* entering.

[Taken from: '*Reflections Upon Selected Daily Supplications*' - Abu Muhammad]

³ Fat-hul-Bāree, 1/224.

⁴ Reported by Ibn Mājah, no. 297; Saḥeeḥ Al-Jāmi', no. 3611. Al-Albānee said that it is authentic (Saḥeeḥ), due to it being strengthened by a number of chains of narration.

⁵ Al-Bukhāri, no. 142.