

**Speaking Little And Only Saying That Which Is Good
Is The Manhaj Of The Mu'min
Imaam Muhammad Ibn Saalih al-Uthaimen
May Allaah Have Mercy Upon him**

-وَعَنِ الْمُغِيرَةِ بْنِ شُعْبَةَ - رضي الله عنه - عَنِ رَسُولِ اللَّهِ -صلى الله عليه وسلم- قَالَ: «إِنَّ اللَّهَ
حَرَّمَ عَلَيْكُمْ عُقُوقَ الْأُمَّهَاتِ، وَوَأْدَ الْبَنَاتِ، وَمَنْعًا وَهَاتِ، وَكَرِهَ لَكُمْ قِيْلَ وَقَالَ، وَكَثْرَةَ السُّؤَالِ
وَإِضَاعَةَ الْمَالِ» مُتَّفَقٌ عَلَيْهِ.

1254. Narrated Al-Mugheerah ibn Shu'bah (RadyAllaahu 'an-hu): Allaah's Messenger صلى الله عليه وسلم said, "Allaah has made unlawful for you disobedience to your mothers, burying your daughters alive, holding back (what Allah has ordered), and demanding (what you are not entitled to); and **He hates for you engaging in gossip**, asking many questions (about what is not necessary & begging), and squandering wealth." [Agreed upon].

Imaam Muhammad Ibn Saalih al-Uthaimen (May Allaah Have Mercy Upon him), said:

'...and **He hates for you engaging in gossip...**', this means: Such and such was said (by someone, without mentioning who actually said it), and so-and-so (mentioning the name of the speaker) said such and such.

Is the meaning (intended here): **Too much delving** into (the affairs of) the people, and what has been said about so-and-so, and what has been said by the people; or the (intended) meaning is **transmitting something without confirmation** (of the truth of it)?

Both of these (are intended). Allah hates that a person has no concern (about anything) except **Qeela wa Qaala** (i.e. gossip)...

And from the benefits of this Hadeeth is that Allaah detests **Qeela wa Qaala** (i.e. gossip). For this reason, it is narrated in the Hadeeth of the Prophet (SallAllaahu Alaihi wa Sallam) that he said: 'Whoever **believes** in Allaah and the Last Day, then he must say that which is **khair** (good) or he must remain **silent**.' [al-Bukhaaree]

From the completion and perfection of your Emaan (true faith) is that you do not speak except to say that which is khair (good).

And the amazing thing is that whoever makes this his **manhaj** (regular manner of behavior, character) – he will be saved from a lot of **sharr** (evil, harm and injury).

[On the other hand], whoever does a lot of talking, will make a lot of errors and mistakes; while whoever **speaks little**, and whenever he does speak, he does not say anything except that which is **khair** (good) – this one is **al-Mu'min** (the believer), and this one is **as-Saalim** (the one who is safe, unharmed)...

[Excerpts from the explanation of Buloogh al-Maraam entitled 'Fath Dhil-Jalaal wal-Ikraam', pgs. 279 & 283, by Imaam Muhammad Ibn Saalih al-Uthaimen (May Allaah Have Mercy Upon him). Translation: Abu Muhammad, 19th Rabeel al-Awwal 1435 AH (20th January, 2014 CE)]